SUMMARY OF RESEARCH OBJECTIVES AND CONTENTS

1. Research Objectives
   The objective of this research is 1) to consider impacts of environmental variability on vulnerability and resilience of human activities in the semi-arid tropics; 2) to study factors affecting social-ecological systems and their recovery from shocks; 3) to analyze factors determining ability of households and communities to recover from environmental shocks and the roles of institutions in improving household resilience; and 4) to identify the factors affecting resilience of social-ecological systems and ways in which the resilience of subsistence farmers in the semi-arid tropics to environmental variability can be strengthened.

2. Background
   A vicious cycle of poverty and environmental degradation, such as forest degradation and desertification, is a major cause of global environmental problems. This is especially the case in the semi-arid tropics (SAT) including Sub-Saharan Africa and South Asia, where a majority of the world’s poor are concentrated. Within the SAT, communities’ livelihoods depend critically on fragile and poorly endowed natural resources, and poverty and environmental degradation are widespread. People in these regions depend largely on rain-fed agriculture, and their livelihoods are vulnerable to environmental variability. Environmental resources such as vegetation and soil are also vulnerable to human activities. To surmount these environmental challenges, human society and ecosystems must be resilient to (recover quickly from) environmental shocks. Thus in this project we consider society and ecology as one social-ecological system and empirically analyze its resilience.

3. Research Methods
   a. Research Contents and Methodology
      The research is organized into four themes focusing on different dimensions of resilience. Theme I investigates the influences of ecological resilience on human activities by comparing soil properties in different landscapes (e.g. valleys, hill slopes and plains), the types and histories of land use, and agro-ecological succession. Theme II evaluates household resilience in risky environments in terms of income-smoothing, consumption-smoothing, and nutrition status. Theme III focuses on the institutional aspects of social resilience in the SAT. It examines how social, political, economic and ecological changes shape social resilience. Theme IV clarifies the relationship between ecological vulnerability, resilience and human activities, through investigations of historical and spatial changes.
in land use and multi-level social-ecological systems.

b. Research Areas

The primary study sites are in the drought-prone Eastern and Southern provinces of Zambia, Southern Africa (Figure 1).

4. Project Organization

Research Organization

The four themes interlink and thus provide a comprehensive assessment of resilience of social-ecological systems

Theme I: Ecological resilience and human activities under variable environment
Theme II: Household and community responses to variable environment
Theme III: Political-ecology of vulnerability and resilience: historical and institutional perspective
Theme IV: Integrated analysis of social-ecological systems

5. Research goals in FY2010

During the FY2010, we continue household surveys and weather monitoring for the third cropping season 2009/2010.

- We refined and sharpened working hypotheses for our resilience empirical studies and proceed with qualitative and quantitative analyses.
- Factors controlling maize yields will be clarified from the field experiments in Eastern and Southern Province. Those factors will be spatially evaluated in the study area of Southern Province.
- The household survey, anthropometric measurements, and rainfall recording that were initiated in November 2007 (the onset of the rainy season of 2007/08) in the project site in Southern Province of Zambia will continue until November 2010. The analyses of the impact of rainfall variability on household consumption and nutritional conditions will be extended covering two cropping seasons, namely 2007/08 and 2008/09.
- Multi-temporal and spatial change analysis caused by environmental change in 2008-09 and its effects on household's livelihood and food aid activities by the Zambian Government and NGO in Sinazongwe will be investigated.
- Based on the analysis from two-decades of field survey in a village of Central Zambia, we examine the reasons and process of increased vulnerability among farmers and households.

6. Progress up to Now

In FY2006 (PR) we focussed on establishing research collaborations with various institutions in Zambia. In FY2007 (FR1) we prepared experimental field sites and installed monitoring equipment such as weather stations, on-farm rain gauges and soil moisture measurement devices. Comprehensive household surveys and monitoring of rainfall and crop growth commenced in November 2007. Intensive field data collections for the 2007/2008 and 2008/2009 agricultural seasons and data compilations were completed in subsequent fiscal years of FY2008 (FR2) and FY 2009 (FR3). For the current fiscal year of FY 2010 (FR4), filed surveys, other field monitors and data compilations for the 2009/2010 seasons
have just been completed.

- We approach resilience of farming households to climatic variability by focusing on mechanisms and speed of consumption, food production and livelihood recovery after experiencing shocks such as drought and floods (see conceptual diagram in Figure 2). Theme 1 measures the level of decline of agricultural production through maize yields. Theme 2 observes the speed of recovery in food consumption and health and nutritional status such as body weight, growth and skinfold thickness. Theme 3 qualitatively considers conditions under which livelihoods decline or do not decline; how they recover; and how differential coping strategies and the household access to resources in response to shocks. Theme 4 visualizes the spatial pattern of agricultural households’ resource use and cross-scale interactions.

- Analysis of household food consumption after climatic shocks using data from high frequency household surveys is in progress.
- In the field experiment in Eastern Province, impacts of tree burning on soil nutrient status and maize yield varied according to the amount of tree biomass burnt. The field experiment in Southern Province suggested that maize yield was strongly influenced by topography and temperature.
- Dataset covering two cropping seasons of 2007/08 and 2008/09 was established for the analyses. Using the dataset, resilience at household level was quantitatively measured and factors affecting the resilience were identified. The decline of food consumption through calorie intake before harvest (February) was observed during both 2007/08 and 2008/09 cropping seasons. After March 2008, food consumption gradually recovered, however the speed of recovery was slow. The effect of heavy rainfall in December 2007 appeared after one year as the hike of maize price. It took more than one year for most households to recover food consumption (calorie intake) to the level before December 2007 heavy rainfall.
- After floods, farmers responded by replanting maize, shifting from maize to potato and beans. In addition, some new activities for getting cash income, such as livestock sales, fishery and wage labor, emerged to offset a shortfall of income, which indicated varieties of coping mechanisms exist for affected households.
- We could explain that the increased process of vulnerability differs by each actors, such as farmers, households and rural societies. And also we revealed that vulnerability increased by various reasons, and it could be transmittable among economic, socio-political and even cultural sphere.
- Cellular phones are playing an important role in helping farmers to cope with shocks. Farmers under financial and non-financial stresses started utilizing cellular phones to garner support from their social network.
- We disseminated our project outcomes at the international conferences. We presented at ISPRS 20101 (Kyoto), GLP Open Meeting 2010 (USA), AIWEST-DR2010 (Indonesia), and plan to participate at Resilience2011 (USA), EnvironmentAsia (Thailand). We organized a session at the JASID 2010 (Japan Society for International Development). We also organized Resilience Workshops (12th, 13th) and Resilience Seminars (30th, 31st, 32nd).
- Project annual reports (FS,PR,FR1,FR2,FR3,FR4), working papers (#001-#012) and a Japanese
translation of a resilience workbook by Resilience Alliance, are all available at the project web site. http://www.chikyu.ac.jp/resilience/publication-W_e.html

- Three project members are now participating IHDP committee and sub-committee of the Science Council of Japan and actively contributing to international community.

7. **Research Plan until the next PEC Meeting in FY2010**
   For the next two years of research (FR4, FR5), we plan to conduct the following:

1. While refining the theoretical aspects of resilience, we need to consider the practical applicability of the resilience approach based on the field research.
2. Integration of the research and data should be accelerated for the common goal for analyzing resilience of the farm households qualitatively and quantitatively.
3. For FY2010 and early FY2011 weather monitoring, plot experiments, household surveys, and the accumulation, compilation and analysis of data sets will be continued.
4. The first monitored 2007/2008 cropping season was an abnormal flood year, against which the 2008/2009 and 2009/2010 cropping season should be compared.
5. Coping strategies of farm households to environmental changes will be analyzed and assessed qualitatively and quantitatively.
6. To give feedback to the local community we provided rainfall information for the first cropping season 2007/2008 to local farmers. We will continue to do so.
7. We prepare for the RIHN International Symposium and RIHN Forum for FY2011. We also prepare for working workshop for book publication.
8. Collaboration with other international research organizations should be enhanced.
9. The concept of resilience can be applied to other RIHN project as well. We continue promoting inter-project initiatives within RIHN projects and other research groups.

8. **Research Activities from FY2006 to FY2011**

Time Schedule

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Zambia</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I. Ecological Resilience</td>
<td>x</td>
<td>xx</td>
<td>xx</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>II. Household/Community</td>
<td>x</td>
<td>xxx</td>
<td>xxx</td>
<td>xxx</td>
<td>xx</td>
<td>x</td>
<td></td>
</tr>
<tr>
<td>III. History/Institution</td>
<td>xx</td>
<td>xx</td>
<td>xxx</td>
<td>xxx</td>
<td>xxx</td>
<td>x</td>
<td></td>
</tr>
<tr>
<td>IV. Integrated Analysis</td>
<td>x</td>
<td>xx</td>
<td>xxx</td>
<td>xxx</td>
<td>xxx</td>
<td>xxx</td>
<td>xxx</td>
</tr>
<tr>
<td>India</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Burkinafaso</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>International Workshop</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>x</td>
<td>x</td>
</tr>
</tbody>
</table>
Figure 1. Regions of Semi-Arid Tropics and Study Areas

Figure 2. Approaches to Resilience

- **Livelihood**
  - Food production
  - Food consumption

- **Shock**

- **Level before shock**

- **Recovery factor in food consumption and health index**
  - Theme 2 observes the speed of recovery in food consumption, body weight and skinfold thickness.

- **Ecological factors of food production**
  - Theme 1 measures the level of decline of agricultural production through maize yields.

- **Recovery and the evasion factors in the village households**
  - Theme 3 considers qualitatively under what conditions livelihoods do or do not decline, how they recover and the differential coping strategies utilized by households.

- **Coping strategies in the village/region**
  - Theme 4 visualizes the spatial pattern of resource use by agricultural households.